





Product Name	Retail	oz/ gallon	Gallon	Oz/ half	Half Gallon	oz/qt	Quart	oz/pt	Pint	oz/lb	8 oz Spice	oz/ss	4 oz Spice
Banana Chips Organic -14#				22.00	\$10.50	9.00	\$5.07	4.50	\$2.53				
Banana Chips-1		37.00	\$12.14	22.00	\$7.84	9.00	\$3.98						
Banana Dices FD		25.00	\$42.82	13.50	\$23.96	6.00	\$11.32	3.00	\$5.66				
Banana large dices 83.2 3/8"	20												
Banana Slices FD		20.00	\$32.04	10.00	\$17.02	5.00	\$9.01						
Barbeque, Kansas City Spice Organic-1 #										5.00	\$11.50		
Barley, Pearl	\$ 17.26			57.00	\$6.62								
Base-Ancho Pepper	\$ 9.15												
Base-Beef Vegetarian 12/case 1#	\$ 10.34												
Base-Chicken Rub	\$ 9.29												
Base-Chicken Vegetarian 12/case 1#	\$ 10.90												
Base-Cilantro Lime	\$ 13.02												
Base-Ham Base 12/ case-powder	\$ 4.71												
Base-Ham Base 6/ case	\$ 13.27												
Base-Mushroom	\$ 9.29												
Base-Mushroom 6/ case	\$ 12.02												
Base-Paprika	\$ 9.29												
Base-Pork Rub	\$ 9.29												
Base-Salmon	\$ 9.29												
Base-Seafood 6/ case	\$ 15.52												
Base-Seafood Rub	\$ 9.29												
Base-Smoky Barbeque	\$ 9.29												
Base-Steak Rub	\$ 9.29												
Base-Sun dried Tomato Pest	\$ 11.77												
Base-Tokyo	\$ 9.29												
Base-Vegetable 12/ case	\$ 7.80												
Basil, Cut	\$ 7.28							2.50	\$3.19				
Basil, Ground												1.20	\$2.21
Baster silicon, Flat rd	\$ 4.90												
Baster, Silicon red	\$ 5.39												
Bay Leaves		8.00	\$11.53			1.20	\$3.13	0.50	\$1.47				
Bay Spice Blend (Old Bay) - 1 Lb													
Bean, Quick Soup Seasoning-1#	\$ 14.18												
Bean, Savory 3 Chili Soup Seasoning-1#	\$ 17.18												
Beans White , Small, Organic-25#	\$ 35.26												
Beans, Adzuki Org 25# bag				50.00	\$18.05	25.00	\$9.52						
Beans, Anasazi 50# bag		93.00	\$31.12	50.00	\$17.58	25.00	\$9.29						







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Burger seasoning-5#										5.00	\$5.51		
Butter BUTR PWD 328 CL 49633-50#	\$ 278.35	55.00	\$29.18	31.50	\$17.42	12.00	\$7.49	6.50	\$3.98				
Butter Lan o Lake yellow -50#		70.00	\$38.23	35.00	\$20.12	16.00	\$9.83	8.00	\$4.91				
Buttermilk B-MILK SW CR -50		83.00	\$24.75	44.00	\$14.00	19.00	\$6.75	11.00	\$3.75				
Cabbage , green air dried-20#		45.00	\$46.19	24.00	\$25.50	10.00	\$11.38	3.00	\$3.81				
Cafix Instant Beverage Crystals, Jar	\$ 10.07												
Cajun Seasoning								12.30	\$7.21			3.70	\$2.87
Can openers	\$ 14.99												
Canned Seeds	\$ 44.39												
Canner with rack, 18 qt	\$ 59.90												
Canning Kit	\$ 10.58												
Canning Labels	\$ 1.50												
Canning lid rack	\$ 9.19												
Canning Rack	\$ 5.16												
Cantalope, dried				32.00	\$15.90	16.00	\$8.45	8.00	\$4.23				
Caraway Seed								8.20	\$2.53				
Carob Chips, Vegan Grain Sweetened-25				40.00	\$24.29	20.00	\$12.64	10.00	\$6.32				
Carrots 653	30	48.00	\$37.38	26.00	\$21.08			6.00	\$5.17				
Cashews, LWP, Organic-5#													
Cashews, Raw LWP-25#								8.00	\$6.83				
Cauliflower	10	4.50	\$18.03	2.30	\$10.17	1.10	\$5.43						
Cayenne, 60 Heat - 1 Lb													
Cayenne-80 oz								7.00	\$4.74	3.50	\$2.87		
<b>Ceci Fava Mix-25#</b>													
Celery , dried				14.50	\$17.08								
Celery FD		5.20	\$32.03	2.80	\$18.09	1.20	\$8.47	0.60	\$4.23				
Celery salt (5 lb bulk)												3.00	\$3.09
Celery Salt, gourmet-1										6.00	\$5.78		
Celery Seed, Whole - 1 Lb												2.00	\$2.10
Cheese Blend Powder-50				40.00	\$18.61	18.00	\$9.02						
Cheese Cloth	\$ 7.22												
Cheese Powder				35.00	\$24.14	18.00	\$12.87						
Cheese, American				40.00	\$19.19	18.00	\$9.28	8.00	\$4.24				
Cheese, American cv2 70817													
Cheese, Cheddar Sharp FD		51.00	\$75.72	26.00	\$39.56	12.00	\$18.88	6.50	\$10.14				
Cheese, CHEDDAR SHARP powder		74.00	\$42.51	37.00	\$22.25	19.00	\$11.89						
Cheese, Cheddease 270 White 49217		74.00	\$42.51	37.00	\$22.25	16.00	\$10.33	7.00	\$4.64				

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Cheese, DRIED BLUE CHS 49809				35.00	<b>\$30.82</b>	14.00	<b>\$13.13</b>	6.00	<b>\$5.77</b>				
Cheese, Mac & Cheese Powder 69549		72.00	<b>\$27.40</b>	36.00	<b>\$14.70</b>	19.00	<b>\$8.18</b>	8.00	<b>\$3.60</b>				
Cheese, MONT JACK PWD 69497				29.00	<b>\$21.62</b>	13.00	<b>\$10.35</b>	6.00	<b>\$4.85</b>				
Cheese, Monterey Jack shredded				26.00	<b>\$41.48</b>	12.00	<b>\$19.76</b>	6.00	<b>\$9.88</b>				
Cheese, Mozzarella shredded				24.00	<b>\$38.52</b>	10.00	<b>\$16.80</b>	5.00	<b>\$8.40</b>				
Cheese, PARMESAN PWD 35518		47.00	<b>\$52.32</b>	28.50	<b>\$32.30</b>	10.20	<b>\$12.49</b>	5.50	<b>\$6.65</b>				
Cheese, Romano													
Cheese, Romano				30.00	<b>\$26.42</b>	13.00	<b>\$12.15</b>	7.00	<b>\$6.46</b>				
Cheese, VELVEETA BASE 70888				34.00	<b>\$20.90</b>	16.00	<b>\$10.43</b>	8.00	<b>\$5.21</b>				
CheeseCake Pans, Mini 12	<b>\$ 23.90</b>												
Cherries, FD tart	<b>30</b>	20.00	<b>\$36.91</b>	10.00	<b>\$19.45</b>	5.00	<b>\$10.23</b>	2.50	<b>\$5.11</b>				
Cherry Pitter	<b>\$ 17.48</b>												
Cherry, tart dried				42.00	<b>\$37.58</b>	18.00	<b>\$16.82</b>	9.00	<b>\$8.41</b>				
Chervil (1 Lb Bulk)								1.50	<b>\$4.26</b>			0.40	<b>\$1.87</b>
Chia Seeds, Whole-55													
<b>Chia Seeds-55 lbs (20# \$69.47)</b>	<b>\$ 121.57</b>	88.00	<b>\$51.52</b>	44.00	<b>\$26.76</b>	22.00	<b>\$13.88</b>	11.00	<b>\$6.94</b>				
<b>Chia Seeds-55 lbs (55# No Bucket)</b>	<b>\$ 259.00</b>												
Chicken Ala King-25		74.00	<b>\$42.69</b>	40.00	<b>\$23.91</b>	20.00	<b>\$12.46</b>						
Chicken and Noodles-25													
Chicken Bouillon (No MSG) Powder						34.00	<b>\$11.84</b>						
Chicken Seasoning - 1 Lb								10.00	<b>\$11.66</b>			2.70	<b>\$3.88</b>
Chicken Soup Base, 25						35.00	<b>\$9.90</b>						
Chicken Teriyaki with Rice-25		77.00	<b>\$45.06</b>	35.00	<b>\$21.66</b>								
Chili Blend Powder Spice-1										4.00	<b>\$3.93</b>		
Chili Mix-25		63.30	<b>\$29.35</b>	37.00	<b>\$17.82</b>								
Chili powder, Chipotle								10.00	<b>\$19.83</b>	2.25	<b>\$5.24</b>	2.25	<b>\$5.24</b>
Chili powder, Dark								10.00	<b>\$6.39</b>	2.70	<b>\$2.45</b>	2.70	<b>\$2.45</b>
Chili, green (5 lb bulk)													
Chili, green air dried 769.1	<b>20</b>												
Chives, Cut - 4 oz						2.50	<b>\$6.14</b>	1.00	<b>\$2.66</b>				
Chocolate Chips, Semi Sweet-25#						20.00	<b>\$8.99</b>	10.00	<b>\$4.50</b>				
Chocolate Chips, White-10#						20.00	<b>\$9.94</b>	10.00	<b>\$4.97</b>				
Chopper Scraper	<b>\$ 5.50</b>												
Chorizo-1#												2.00	<b>\$3.71</b>
Chow Mein Noodles				13.00	<b>\$7.98</b>								
Cilantro Cut - 8oz						6.00	<b>\$9.87</b>	2.80	<b>\$4.67</b>				
Cilantro, Cut & Sifted, Organic-1						2.00	<b>\$4.40</b>	1.00	<b>\$2.20</b>				

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Cinnamon Indonesian-5	\$ 5.42					17.50	\$6.92	8.00	\$3.25			2.50	\$1.70
Cinnamon, Saigon Organic 5%-2						12.00	\$12.68	6.00	\$6.34	4.00	\$4.56	2.00	\$2.78
Citrus and Ginger Grater	\$ 6.49												
Citrus Cajun (1 lb Bulk)												2.60	\$5.43
Clam soup base								16.00	\$12.28				
Clear Jel - Inst Thicknr-50lbs	\$ 76.00			40.00	\$15.13	18.00	\$7.46	9.50	\$3.88				
Clear Jel - Reg Thicknr-50lbs				40.00	\$11.00	18.00	\$5.60	9.50	\$2.90				
Clover Seeds- Crimson-5#								11.40	\$5.92				
Cloves (whole) (5 lb bulk)													
Cloves Powder - 1 Lb													
Cloves, ground										4.00	\$4.33	2.50	\$3.08
COCOA 11 D 050 Dark		70.00	\$37.14	35.00	\$19.57	15.00	\$9.10	8.00	\$4.79				
Cocoa Hot chocolate Mix, Deluxe						2.50	\$2.57						
Cocoa, Hershey													
COCOA, Milk Chocolate Dutch	\$ 15.04			30.00	\$16.13	15.00	\$8.56	7.50	\$4.28				
Coconut Angel Flake , unsweetened				24.00	\$7.01	12.00	\$4.01	6.00	\$2.00				
Coconut FD				27.00	\$19.44	10.00	\$8.09	6.00	\$4.65				
Coconut Milk powder								8.00	\$9.00				
Coconut Oil 8 #	\$ 54.99												
Coconut,Organic (Shredded)-25#		48.00	\$28.00	23.00	\$14.50			7.00	\$4.50				
Coffee Flavored Syrup	\$ 7.99												
Coffee, Teeccino Java Herbal -5#													
Cookie Sheets, small 9x12	\$ 14.19												
Cookie Sheets-Norpro	\$ 14.95												
Cookie Sheets-RD	\$ 14.95												
Cooling Rack	\$ 20.49												
Coriander whole												1.40	\$2.26
Coriander, ground												1.50	\$1.96
Corn Meal, White-50		97.30	\$9.42	50.00	\$5.79								
Corn Meal, yellow-25	\$ 12.11												
Corn meal-50	\$ 24.23	110.00	\$9.55	55.00	\$5.78								
Corn, whole blue-50 (Price for 25#)	\$ 28.63			50.00	\$9.68								
Corn, Super Sweet FD		21.00	\$24.79	11.00	\$13.89	5.00	\$6.95						
Corn, whole white-50 (Price for 25#)	\$ 12.50			51.00	\$11.93								
Corn, Whole Yellow Dent-50 (Price for 25#)	\$ 10.25			50.00	\$5.30								
Cornmeal Yellow-25#	\$ 24.23	110.00	\$9.55	55.00	\$5.78								
CornStarch				36.00	\$5.00	16.00	\$2.89	8.00	\$1.44				











































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Trivet, expandable	\$ 5.90												
Tropical Fruit Mix				35.00	\$14.55	15.00	\$6.95	8.00	\$3.64				
Tropical Fruit Mix-25#													
Tumeric								6.00	\$6.29	3.00	\$3.65	2.00	\$2.76
Turbo Pitcher	\$ 15.00												
Turkey timer, reusable	\$ 3.28												
TVP, Bacon Bits Flavored		56.00	\$20.09	28.00	\$11.04	14.00	\$6.02	6.00	\$2.72				
TVP, Bakon Crumbles Imagic		64.00	\$25.08			14.00	\$6.61	7.50	\$3.47				
TVP, Barbecue Flavored ®		57.00	\$30.20	30.00	\$16.79	13.00	\$7.98	7.00	\$4.22				
TVP, Beef Bits Flavored-25		53.00	\$16.47	27.00	\$9.36	13.00	\$5.06	6.50	\$2.53				
TVP, Beef Jerky Flavored ®				30.00	\$12.91	13.00	\$6.29	5.00	\$2.65				
TVP, Beef Strips Flavored ®		40.00	\$17.35	20.00	\$9.67	10.00	\$5.34	5.00	\$2.67				
TVP, Chicken Chunks-25		40.00	\$17.04	22.00	\$10.17	10.00	\$5.26	5.00	\$2.63				
TVP, Chicken Strips-25		43.00	\$16.61	23.00	\$9.74	11.00	\$5.23	6.00	\$2.76				
TVP, Chicken bits-25		52.00	\$19.46	30.00	\$11.92	13.00	\$5.87	7.00	\$3.08				
TVP, Ham -25		53.00	\$19.87	30.00	\$11.98	12.00	\$5.59	7.00	\$3.10				
TVP, Italian Sausage Flavored ®		55.00	\$24.68	35.00	\$16.16	13.50	\$7.08						
TVP, Pepperoni Flavored ®		53.00	\$19.76	32.00	\$12.52	13.00	\$5.87	7.00	\$3.08				
TVP, Sausage Flavored-25		46.00	\$16.84	26.00	\$10.26	13.00	\$5.63	6.00	\$2.67				
TVP, Sloppy Joe Flavored ®		69.00	\$29.98	34.00	\$15.80	15.00	\$7.65	8.00	\$4.01				
TVP, Taco Flavored ® -25		65.00	\$22.04	40.00	\$14.10	14.40	\$6.00	8.00	\$3.22				
TVP, Tuna Flavored-20		36.00	\$14.55	18.00	\$8.27	9.00	\$4.64	4.50	\$2.32				
TVP, Unflavored		30.00	\$7.84	15.00	\$4.92	13.00	\$3.67						
Twine with stainless steel holder	\$ 12.16												
Twine, Cotton	\$ 2.63												
UltraGel®-22# in 6 gallon	\$ 86.63												
UltraGel®-50# 20# price	\$ 80.00	40.00	\$16.88	20.00	\$9.44	10.00	\$5.10	5.50	\$2.71				
Vanilla Powder-1#								10.90	\$20.38			2.70	\$5.80
Vanilla-32 oz	\$ 18.45												
Vegelele	\$ 8.25												
Vegelele with Canola	\$ 9.36												
Vegelele with Garlic	\$ 8.79												
Vegetable Base (Granules) (1 Lb Bulk)												3.25	\$4.88
Vegetable Chopper	\$ 10.98												
Vegetable Stew Blend		50.00	\$21.47	30.00	\$13.48								
Veggie Chips-18#				16.00	\$18.43	7.00	\$8.75	3.50	\$4.37				



